

QP CODE: 202003 (Old Scheme)

Register No.

**Second Professional B.A.M.S (Part I) Supplementary Degree Examinations,
September 2014**

Swasthavritta – I (2010 Scheme)

Time: 3hours

Total Marks: 100

- *Answer all questions*
- *Draw diagrams wherever necessary*

Essays

(2x10=20)

1. Define brahmamuhurta(ब्रह्ममुहूर्त). Explain the importance of dinacharya(दिनचर्य) in detail.
2. Explain disinfection in detail.

Short notes

(10x5= 50)

3. Explain trayopastambhas(त्रयोपस्तंभ).
4. Explain the concept of janapadodhwamsa(जनपादोध्वंस).
5. Vyayama(व्यायाम).
6. Lakshanas(लक्षण) of swasthapurusha(स्वस्तपुरुष).
7. Dharaneeyavegas(धारणीयवेग). Explain chardivegavarodha(छरदिवेगरोध).
8. Importance of abrahmacharya(अब्रह्मचर्य).
9. Explain varsha ritucharya(वर्ष ऋतुचर्य).
10. Benefits of anjana(अञ्जन) and mukhaprakshalana(मुखप्रक्षाळन).
11. Describe hardness of water.
12. Explain gonorrhoea in brief.

Answer briefly

(10x3= 30)

13. National immunization schedule.
14. Explain benefits of nidra(निद्र).
15. Modes of disease transmission.
16. Explain vyadhikshamatwa(व्याधिक्रमत्व).
17. Uses of water.
18. Types of ventilation.
19. Viruddhahara(विरुद्धहार).
20. Describe purification of water on domestic level.
21. Benefits of dhumapana(दूमपान).
22. Explain ritukaleenashodhana(ऋतुकालीन शोधन).
